

# SPOT INDOLE REAGENT FOR IN VITRO DIAGNOSTIC USE

# **INTENDED USE**

Pro-Lab's Spot Indole Reagent is to be used in the qualitative method to determine the ability of an organism to split indole from the tryptophan molecule.

# SUMMARY AND EXPLANATION

Spot Indole Reagent was used by Vracko and Sherris in 1963 for the presumptive differentiation of Proteus species and Escherichia coli<sup>1</sup>. The work of Lowrence, Reich and Traub in 1969, indicated that p-diemethylaminocinnamaldeyde is the most sensitive indole reagent, capable of detecting 3 mcg of indole per millilitre of medium<sup>2</sup>.

### PRINCIPLE OF THE PROCEDURE

The amino acid tryptophan can be oxidized by certain bacteria using intracellular enzymes collectively called 'tryptophanase', resulting in the production of indole. The indole is detected by the p-dimethylaminocinnamaldehyde, which involves a chemical combination producing a distinct blue colour. The presence or absence of indole formation is used for bacterial identification.

# REAGENT

Pro-Lab Spot Indole Reagent PL.391 is supplied as 15 ml of liquid reagent in an amber dropper bottle. The reagent is ready for use.

# FORMULA

| p-Dimethylaminocinnamaldehyde | 10 g   |
|-------------------------------|--------|
| Hydrochloric Acid             | 100 ml |
| Deionized Water               | 900 ml |

# PRECAUTIONS

- 1. Pro-Lab Spot Indole Reagent PL.391 is intended for in vitro diagnostic use only.
- 2. Do not use the reagent after the expiry date shown on the product label.
- 3. Avoid contact with skin, eyes and clothing. This product is CORROSIVE and may cause burns or irritation to skin, eyes, or respiratory tract.
- 4. The reagent is a POISON and may be harmful or fatal if swallowed.
- 5. The reagent should not be used if the colour has changed.
- 6. Safety precautions should be taken in handling, processing and discarding all clinical specimens as a pathogenic organism may be present.
- 7. The procedures, storage conditions, precautions and limitations specified in these directions must be adhered to in order to obtain valid information.

### STORAGE

The Pro-Lab Spot Indole Reagent should be stored at 2-30°C in its original container. Do not freeze or overheat. Protect from light. Keep the screw cap tightly closed. Product stored under these conditions will be stable until the expiry date shown on the product label.

# SPECIMEN COLLECTION AND PREPARATION OF CULTURES

Clinical specimens should be inoculated onto appropriate isolation media to obtain well-defined isolated colonies for testing. For specific procedures regarding specimen collection and preparation of primary cultures refer to a standard microbiology textbook.

#### MATERIALS REQUIRED BUT NOT PROVIDED

- 1. Inoculating loops
- 2. Filter paper (Whatman No. 1 or equivalent)
- 3. Cotton-tipped swabs
- 4. Incubator
- 5. Supplemental media
- 6. Quality control organisms

### PROCEDURE

Allow the reagent to come to room temperature prior to use. <u>Filter Paper Method</u>:

- 1. Dispense 1 to 2 drops of Spot Indole Reagent onto a piece of filter paper (Whatman No. 1 or equivalent).
- 2. Using an inoculating loop, smear the growth from an actively growing culture onto the reagent-saturated area of the filter paper.
- 3. Observe the filter paper for the development of a blue colour within 3 minutes.

# Swab Method:

- 1. Dispense 1 to 2 drops of Spot Indole Reagent onto the tip of a cotton swab.
- 2. Touch the tip of the saturated swab to the top of a colony, from an actively growing culture, on the surface of the agar medium.
- 3. Observe the cotton tip for the development of a blue colour within 3 minutes.

# QUALITY CONTROL PROCEDURE

For laboratory quality control, the following reference strains are recommended:

| ORGANISM                              | EXPECTED RESULT |  |
|---------------------------------------|-----------------|--|
| Bacteroides ovatus ATCC #8483         | positive        |  |
| Escherichia coli ATCC #25922          | positive        |  |
| Prevotella melaninogenica ATCC #25845 | negative        |  |
| Proteus mirabilis ATCC #12453         | negative        |  |

Each lot of Spot Indole Reagent is subject to quality control at Pro-Lab using a test panel which includes the above organisms.

# **INTERPRETATION OF RESULTS**

- Positive reaction: The development of a blue colour within 3 minutes.
- Negative reaction: The development of a pink colour within 3 minutes.

### LIMITATIONS OF THE PROCEDURE

- 1. Colonies to be tested must be grown on non-glucose containing media, since glucose inhibits indole production.
- 2. MacConkey (MAC) or eosin-methylene blue agar (EMB) cannot be used to culture organisms for the indole test, since they contain indicators which could result in carryover of colour, resulting in false positive colour interpretations.
- 3. Some strains of Proteus vulgaris, Providencia and Aeromonas exhibit a false negative reaction with the Spot Indole test<sup>3</sup>.
- 4. Test colonies must be cultivated on media with adequate tryptophan content, which is necessary for the indole reaction. Media should be checked with known positive and negative control organisms.
- 5. Only pure cultures of organisms are to be tested. Weakly false positive reactions may occur if the inoculum is a mixed culture of indole positive and negative organisms, since adjacent colonies are likely to take up diffused indole<sup>4</sup>.

# REFERENCES

- Vracko, R. and J.C. Sherris. (1963). Am. J. Clin. Path. 39:429-432.
- 2. Lowrance, B.L., P. Reich and W.H. Traub. (1969). Appl. Microbiol. 17:923-924.
- 3. Balzevic, D.J. and G.M. Ederer. (1975). Principles of Biochemical Tests in Diagnostic Microbiology. John Wiley & Sons, New York, NY.
- Sutter, V.L. and W.T. Carter. (1972). Am. J. Clin. Path. 58:335-338.

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